

# Athletic Code: Athletics

It is the desire of the Administration and Coaching Staff of the China Spring Independent School District that being a China Spring Independent School District Athlete is a **PRIVILEGE** one that along with being a great honor carries with it many responsibilities. The following criteria are expected of our athletes:

1. Our athletes will be intent competitors on the field or court, but off the competitive area they are to conduct themselves as gentlemen or ladies at all times and always show respect for the teachers and other students.
2. Our athletes are to display positive leadership at all times in our school and community.
3. Our athletes are to always strive for the highest in moral and spiritual values.
4. When we travel to compete against our rivals, our athletes will remember who they are, who they are representing, and will conduct themselves accordingly.
5. As athletes, they have the opportunity in the China Spring Independent School District to receive a first-class education, which is their number one reason for being here. Pride in their classroom will bring about pride on the playing field or court. They have to pass in the classroom to be eligible for athletics (UIL).

As athletes in the China Spring Independent School District, our young people have an image to reflect: one of positive leadership, character, responsibility, and great competitive spirit.

Participation in the athletic program and/or University Interscholastic League contests is not a right but a privilege. No student is required to take part in the contest or activities. Therefore, it is imperative that all students taking part in the program understand the following Athletic Code and conform to the rules therein and that the coaches of the sport or activities and the athletic director shall have every right to remove these privileges.

## On the Field or Court

The athlete must never use profanity or resort to illegal tactics. He/she must learn that both winning and losing are part of the game and that he/she must be a good loser as well as a gracious winner. Temper fits, flagrant violations of rules, etc., will not be tolerated. Total respect to officials is an absolute must. Discussion of calls made by officials will be done by the coach. Any behavior contrary to the above mentioned or any other act which is not conducive to good sportsmanship may result in removal of the athlete from the contest and his/her possible expulsion for the game.

## Personal Appearance and Grooming

Participation in competitive athletics is completely voluntary on the part of all students. To participate in athletics in China Spring Independent School District there are certain standards which must be maintained, one of which is acceptable grooming and personal appearance.

### 1. Uniformity

Athletes do much traveling to other schools, towns, communities, restaurants, etc., as representatives of the China Spring Independent School District; therefore, they should be groomed in a manner that our community, school, and sponsors will be proud of. We expect our athletes to set the example for our school in the area of grooming and personal appearance.

### 2. Self-Discipline

One of the rewards of being an athlete is learning self-discipline. There is no better way to acquire self-discipline than to make sacrifices. Giving up untidy fads of dress and appearance is a very small sacrifice.

The following policy will be in effect for all athletes in the China Spring Independent School District to be eligible to participate in any competitive sport, practice, or program directly related to improvement in a sport.

### 1. Hair

In accordance with school policy, hair shall be clean, well groomed, and out of the eyes and shall be styled in a way that is not distracting and/or designed to be conspicuous. The athlete's hair should be neatly trimmed to meet his/her coach's satisfaction. Facial hair such as moustaches, beards, goatees, and extremely long sideburns are not allowed.

### 2. Dressing

- a. The athlete should be neatly dressed, which includes shoes and socks.
- b. Hats or caps are not to be worn on athletic trips. (Exception: Baseball, Golf, Tennis, when approved by the coach.)
- c. Only socks which are issued as part of the team uniform may be worn while participating in an event.
- d. Earrings are not to be worn by male athletes at school or at school activities.
- e. There will be **no exceptions** made on any part of an athletic uniform. All team members are to be dressed exactly the same while participating in an event.
- f. Comply with all other school rules relating to dress not covered in these policies.

Note: Violations of the above standards of grooming may result in suspension and possible expulsion from the team.

## Removal From School

If an athlete is removed from school for any disciplinary reason, he/she will be ineligible during the period of removal. A second removal in the same school year may result in total expulsion from athletics for the remainder of the school year.

## Disrespect to Teacher or Coach

Any act of disrespect by an athlete to his/her teacher, coach, or member of the school administration will be handled on an individual basis. Punishment may call for expulsion from all athletic activities for a calendar year from date of incident. The athlete's return would be determined by his/her conduct during the period of expulsion.

## Training

The following rules apply to all athletes at all times:

1. No use of tobacco of any kind.
2. No drinking of alcoholic beverages.
3. No abusive drugs (marijuana, narcotics, steroids, etc.)

NOTE: State law has added steroids to the list of illegal drugs. Anabolic steroids are for medical use only. State law prohibits the possession; dispensing, delivery, or administering of an anabolic steroid. In any manner not allowed by state law. State law provides that body building, muscle enhancement, or increasing muscle bulk, or strength through the use of anabolic steroid or human growth hormone by a person who is in good health is not a valid medical purpose. Only a medical doctor may prescribe an anabolic steroid or human growth hormone for a person. A violation of state law concerning anabolic steroids or human growth hormones is a criminal offense punishable by confinement in Jail or imprisonment in the Texas Department of Corrections. The effective date of this law was September 1, 1989.

These rules apply to every athlete at all times during his school career. Violators will be disciplined by the head coach. Violations may result in expulsion from all athletic activities for up to one school year. At the end of one calendar year from the date of the violation, the case may be reviewed by all parties concerned. Conduct during the previous year will determine whether the athlete is to be reinstated into the program.

## Other Rules

The athlete must obey all training rules given by his coach in a particular sport.

## Miscellaneous Subjects:

### 1. Theft

Taking things/items from other players, students, school, etc. will not be tolerated. Punishment will be handled individually and may result in expulsion from all athletic activities for up to one calendar year from date of the incident. At the end of one calendar year from the date of the incident the case may be reviewed by all parties concerned, and the athlete's conduct during the previous years will determine reinstatement into the program.

### 2. School Equipment:

- a. The athlete is financially responsible for all equipment checked out to him/her. Wearing or using same equipment for personal use will be handled as thievery. Discipline for this will be as outlined in Theft above.
- b. Equipment must not be abused. It must be kept in the proper place in the locker room or on hangers.
- c. Football shoes and helmets should be cleaned before each game.

### 3. Quitting

An Athlete quitting the team after the first contest will:

- a. Forfeit his or her award for the sport.
- b. Not be allowed to participate in another sport until the season of the sport quit is completed unless the head coaches of both sports agree that the student would be better off in the other sport.
- c. Athlete quitting a program, in-season or off-season, may not re-enter the same program for one calendar year. The athlete will also sacrifice his/her award for the year.

### 4. Practice Regulations

- a. A coach must be consulted ahead of time if any athlete must miss a practice or game. Missing a game or practice without permission may result in suspension from the team.
- b. Obey all rules set up by the coach.
- c. Profanity will not be tolerated.
- d. Poor effort will not be tolerated.

### 5. Locker Room

- a. No horseplay such as throwing towels, etc., will be allowed in shower or dressing room.
- b. All showers should be turned off after use. Last person leaving shower room should turn off all showers.
- c. Do not visit training room.
- d. Place dirty towels in proper place.
- e. Do not enter equipment room without coaches' permission.
- f. Each athlete is responsible to see that his/her equipment is in its proper place before leaving.

### 6. Travel

All athletes in Junior and Senior High School represent the community, school, and coaches. Therefore, it is expected that all will dress in an acceptable manner on trips and conduct themselves in a manner in keeping with this code. Violations will result in suspension from the next contest, and any incident of a serious nature may result in suspension and possible expulsion from the team or program.

- a. Be on time for all trips or be left at school.
- b. Dress neatly as directed by coach.
- c. Be mannerly in restaurants.
- d. Each athlete is responsible for returning his equipment to proper place at school.
- e. No gambling on trips.
- f. No loud talking or laughing on bus.
- g. No whistling on the bus.
- h. All athletes making the trip on the bus will return on the bus unless there is an emergency situation. Athletes may be released to their parents when the parents are present and there is a good reason for returning with parents. This action must be cleared prior to the trip with the head coach in written form.
- i. Athletes are never to return with anyone other than on bus or their own parents.

As a *China Spring Independent School District Student-Athlete* I will abide by the above stated *policies*.

Please Print Athlete's Name:	Date:
Athletes Signature:	Date:
Please Print Athlete's Parent/Guardian Name:	Date:
Athlete's Parent/Guardian Signature:	Date: