

Dear Parent/Guardian and Athlete,

Both the student and parent/guardian must sign the attached forms. They must also be on file with China Spring ISD before the student may participate in any practice session, scrimmage, or contest.

The forms include:

- UIL Acknowledgement of Rules
- Illegal Steroid Use
- Medical History/Physical Examination
- Emergency Travel Form

You can find these forms on the school website:

- http://www.chinaspringisd.net/departments/athletics/physical_forms.html

For all incoming 7th, 9th, and 11th grade athletes plus those who are new to China Spring Athletics that do not have a previous physical form on file with CSISD, please do the following:

- The Medical History/Physical Examination
- UIL Acknowledgement of Rules
- Illegal Steroid Use forms
- Emergency Travel Form

For incoming 8th, 10th, and 12th grade athletes, (who have a physical on file with CSISD) only have to complete the following.

- UIL Acknowledgement of Rules
- Illegal Steroid Use forms
- The Medical History page of the Physical Examination form (only the front)
- Emergency Travel Form

The UIL Parent Information Manual regarding health and safety issues and responsibilities as a parent/guardian can be picked up at the China Spring Athletic Office or downloaded from the UIL website:

http://www.uil.utexas.edu/athletics/manuals/pdf/parent_information.pdf

We will be providing an opportunity for a physical by Physicians at your child's school during the day of May 24, 2010.

**1:00 p.m. Current 8th grade girls (incoming freshmen)
8th grade boys (incoming freshmen)**

2:00 p.m. Current 6th graders (incoming 7th graders)

3:40 p.m. Current 10th graders (incoming 11th)

(Those in any other grade level that need a physical may come at any time)

The cost will be \$20 (Please make checks payable to China Spring High School)

A portion of the proceeds from these physicals will be placed into the Athletic Physical Scholarship Fund. Two graduating seniors involved with China Spring Athletics will be awarded the scholarships.

Please fill out the medical history portion of the form prior to the physical. Remember to sign the bottom of the form so that your athlete will be able to complete the physical.

If you have any questions, please call our Athletic Department at 836-0025.